

# CANCER CAN BE CURED WITH THE COMBINATION OF YOG AND AYURVED

**G**uru Swami Ramdev has being very successful in lighting the torch of Yog in India and abroad and has invited the well-established medical institutes of India to come forward to fight cancer with Yog. He expressed his views if the medical institutes are ready to treat the needy with the combination of medicines and Yog then he would readily contribute in this direction. This could be useful in curing serious diseases as well.

He said that Yog is completely scientific based and that there is no disease that cannot be cured with Yog. It is necessary to know the cause of the disease. World famous John Hopicks Cancer Hospital, of America has taken the initiative to fight cancer with the combination of Yog. Discussions are going on in this regard. He said that he would give priority to some leading institute of our country to carry out the research work in this matter.

He once again claimed that thousands of patients have been benefited with Yog in India and abroad. Majority of the patients were suffering from Recontence. Swami Ramdev said that cancer and HIV are debatable issues for doctors and Yog practitioners even today. However, solutions could be found out if the issues are discussed openly. Swamiji has claimed that Yog can also reduce HIV and AIDS. He said that nothing is impossible with Yog. When the AIDS VIRUS C.D 4 count decreases the immunity of the body decreases and with regular practice of Yog this count increases. There are evidences to prove this fact. Therefore this disease can also be cured with Yog. Maharaj said that a number of youngsters working in Gurgoan are stressed. Yog is the only cure to relieve stress. A person can be tension free with Yog.

Swamiji said that his main aim is the welfare of the patients. The patient should not be worried in any way with Yog and Ayurved. Timely treatment at the right time is utmost important in order to become disease free. The Arabian countries are also recognizing the importance of Yog. He said that Cobra's poison is also

effective in curing the patients. Therefore Yog should be treated just as a method of treatment and reach the stage of deep meditation.

Swamiji also expressed his sorrow on the increasing rate of corruption. He said that this is a mental disorder and Yog gives peace of mind and when the mind is peaceful then there is no question of corruption or crime.

There are two reasons for bad governance prevailing in the society, insecurity and lack of confidence. The solutions of both these conditions have been de-

scribed in Yog. He claimed that when the jail inmates were made to practice Yog regularly then they also developed positive attitude and started admiring it.

Union Health Minister Ambumani Ramdoss said that if Yog and Ayurved are combined then any serious disease could be cured. He stressed on the collective use of allopathy and Ayurved to cure any serious disease. He also said that Yog is being accepted all over the world. People in America and other western countries are showing enthusiasm to learn Yog. Yog is becoming famous at global level. He said that the Health ministry would join hands with Swami Ramdev and encourage Yog mission. Ambumani Ramdoss also said

that he is happy to have begun Yog camps. Yog is famous all over the world. Our fathers and grandfathers also performed Yog. Yog can control stress, sugar, blood pressure and arthritis. Yog is very helpful in curing chronic diseases. Students should be taught Yog from school level. One should keep away from diseases in order to lead a healthy life. It is also necessary to take precautions along with the practice of Yog. Chewing tobacco, consumption of junk food, which increases stress and other diseases, should be avoided. The minister suggested people to keep away from all these. Health minister said that keeping in view the increasing trend of Yog the health ministry would work in this direction with the help of Swami Ramdev.

***Yog is completely scientific based and that there is no disease that cannot be cured with Yog. World famous John Hopicks Cancer Hospital of America has taken the initiative to fight cancer with the combination of Yog. – Swami Ramdev***